

**Worldwide prenatal tests increasingly lead to abortions when they show an unborn child diagnosed with Down Syndrome.**

**The Dutch Foundation "De Vrije Mare" intends to share a vision about the special gifts of children born with Down Syndrome and add nuance to common perception. We also want to create awareness about the challenges of relatives who take care of persons with Down Syndrome. They deserve more understanding and support.**

**Persons with Down Syndrome have important qualities to offer to their surroundings such as unconditional love and authenticity.**

**Those who regularly find themselves around them are, so to speak, lifted up to a higher level of awareness of their own being. Thus the potential of a person can be shown to a greater degree.**

### **Introduction**

This article is based on inspirations released by Marieke de Vrij.

Marieke de Vrij is a Dutch woman gifted with very fine-tuned senses. Through inner viewing, she is able to clearly see what is going on collectively and individually. She is also able to express the enclosed potential in subtle terms. One of the areas she is involved in is Down Syndrome.

### **Spiritual meaning of persons with Down Syndrome**

Each life on Earth expresses a deeper meaning. From a spiritual perspective it is known that persons who incarnate with Down Syndrome are exceptionally meaningful for the evolution of humankind. Their task is different from that of other persons. Almost without exception, they are old, and already highly developed, souls who chose for a life of serving others.

To an accelerated degree they can receive and absorb subtle cosmic energy of high potential in their physical bodies to filter and assimilate it. This enables them to radiate this "live-giving energy" (Prana) with an enhanced frequency to their surroundings. They radiate this pure energy far more uncensored than we can on average. Because of this others can easier absorb this added frequency life-energy into their own systems. Thus, persons with Down Syndrome bring the most neutral life-energy closer to our own functioning and so (help to) increase the earthly ether field.

### **What does this mean for us**

Persons with Down Syndrome can initiate a process of transformation around them. The cosmic energies they give to us mediate renewal (change). They increase the vibration frequency of people, thus causing positive changes in their lives and in their environment, on a subtle level. Persons with Down Syndrome have a huge radiating power when they are allowed to be who they are. Because of this, people

who regularly find themselves around them are, so to speak, lifted up to become more deeply aware of their own being. In this way the potential of a person can be shown to a greater degree.

### **Qualities focussing on being**

The nature of persons with Down Syndrome is such that they possess many qualities focussing on being.

Persons with Down Syndrome are perceptive: their feelings and thoughts are not separated. The left and the right halves of their brain work in a synchronized way.

They convey unconditional love.

They are pure and authentic.

They are highly sensitive and susceptible to atmospheres.

They are cheerful and have comforting abilities.

They are spontaneous, unconventional and confronting when they feel that is needed.

They are capable to understand people without words and often act socially connecting.

They do not judge a person, but accept him/her as he/she is, even though they do not understand why people often act different from what they feel inside.

### **Mirror**

Persons with Down Syndrome support us when they reflect our own (un-)natural behaviour. For this they have a beautiful keen ability which we may recognize by their behaviour. A few examples:

They are very good listeners who listen with full attention as long as people speak honestly. They also can keep their attention focussed on persons who feel that they are not understood. They can communicate in a significant way by just touching. They can walk up to a person and for instance shortly hold their hand or searchingly look them in the eyes. They have a non-verbal way of communicating that can be quite impressive.

They are very sensitive and can react in a touchy way when they feel that their high sensitivity is not taken into consideration. This is often seen as stubborn and pig-headed behaviour.

In fact, what they try to communicate is the reassuring experience and message that we should be allowed to be ourselves. As well as that there is so much more to enjoy, which we usually overlook because we are too much programmed in thinking that we have to do other things. Persons with Down Syndrome are at their best

when they are really allowed to be and stay themselves in a spontaneous way. They help us to remember that this is true for everybody.

### **Neutral and modest**

It can be said that in essence persons with Down Syndrome modestly nurture society. They supply the Earth with balancing and renewing energies. They do this in an unpretending way where neutral radiation comes before speech and thought. Not being in the front-line is a favourable situation for them since they do their work almost invisible for us. When in balance, they do not need to attract attention or show how important they are. They just are who they are.

### **Specific body**

The body structure of persons with Down Syndrome is adapted for their specific task. They have a very unusual system for the transmission of subtle energies. The development of their chakras and aura is particularly adapted. The chakras of persons with Down Syndrome are more cylindrical instead of funnel-like, which is common with other people. Their aura is much more balloon-shaped with a little nozzle at the front of the body near the throat chakra, because their verbal expression is limited. There is a bigger fluid-edge around the brain which enables a better reception and transmittance of prana. From the crown chakra, that functions as a big tunnel, the prana falls directly on the palate. That is why the tongue and uvula have a different shape. Because of the position of the thicker tongue the uvula rises and can energetically tap the enormous amount of prana from the palate. From there the prana reaches the spinal cord and then spreads through all the chakras to the outside environment.

### **Physical constitution**

Being able to absorb and transmit subtle energies is physically exceptionally hard for persons with Down Syndrome. They are constantly aware of their task to raise energy levels where needed and accepted, as well as to increase compassionate love. So whatever happens to them, they keep bringing love where and whenever possible. Because they are so sensitive they can easily get out of balance. This may cause a disturbance in their performance, physically as well as in their behaviour. Feeling unnoticed in their real quality of being, or being neglected for a longer period of time, instead of being sensitively approached and/or touched, can lead to all sorts of stress related illnesses. Organ dysfunction, skin problems, heart problems, nutritional intolerance or -allergy is often seen. Because of their delicate constitution they need to be taken care of. They often die at a younger age than others of the same age-group.

### **What is going on?**

Persons with Down Syndrome are incarnated souls who do their work unnoticed by other people. Because they are massively aborted worldwide, their life-giving and life-saving energies are prevented from flowing. By doing so, an important life-power is taken away. This happens because we like people to be 'normal', to be like we are. We are trying to persuade them to become like us. We do not realize and do not accept that they mirror us to inspire us to live more naturally and be who we really are. We do not bother to discover their authentic values and worth, to take

these serious and incorporate these assets into society. We are too busy with programs intended to adjust persons with Down Syndrome to what we think is 'normal', that we hardly offer any support for their natural qualities. We do not appreciate and respect what they give. Who are we to think that persons with Down Syndrome are inferior? That is what we think mentally. We are scared of what we might encounter and invalidate it rather than meet it with an open mind.

### **Consequences for persons with Down Syndrome when not acknowledged in who they are**

If these souls cannot radiate their light, they will become severely wounded in the end. There are major consequences if we keep on influencing them in a negative way and over a longer period of time, that is, influencing them with our emotions, our impure thinking and our willpower. The conflict that arises between their inner field of light and the outside world is so heavy for them that they become bewildered and no longer dare to shine or know how to. So, if we do not intend to see who they really are, we deprive them of their task and they will be sincerely damaged in their deep sensitivity.

### **Deeper insight and understanding can lead to different choices**

The turning point will be when we, persons without Down Syndrome, become more sensitive to who they really are. So that when we meet, we treat them with respect and show them a supportive attitude. It is up to us to create a situation and an atmosphere in which they can flourish and develop their special nature and abilities. Also, their families and caretakers deserve respect and understanding. They have to give intensive care and are often confronted with misunderstandings from people around them and from society.

The Dutch Foundation "De Vrije Mare" wishes with an innovative way of looking at Down Syndrome to give more insight and knowledge, so that people could get in touch, from a deeper level of understanding, with the function and qualities of persons with Down Syndrome. In that way, they can decide at a deeper level of consciousness, whether they really want an abortion or not. And besides that, to open themselves up, based on growing insight and understanding, for persons with Down Syndrome and support their families and counsellors in their role.

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Tinke is engaged in disability care and is writing a book about Down Syndrome in which she elaborates the vision presented above. For more information and contact: [sec@devrijemare.nl](mailto:sec@devrijemare.nl)

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