Information about STNL

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What is STNL?

The Organisation for Co-operative Trauma Assistance in the Netherlands was founded in 2003 on the initiative of concerned citizens.

STNL bases itself on a holistic approach to human existence that takes into account the continuation of the soul after its earthly demise. Assistance therefore concerns itself in principle with the period just prior to and after death, be it of humans or of animals.

STNL is a network organisation that relies on the contributions of many volunteers and other concerned parties who can relate to the principles and goals of STNL.

What is the goal of STNL?

Trauma prevention and reduction as a consequence of calamities aimed at large groups of people; emphatically including into our goal prevention and reduction of trauma for animals, nature, the environment and the earth when it's been struck by calamity.

STNL strives to reach this goal by by the expansion of aid and of possibilities for help after the occurrence of a calamity, as well as to promoting the application of these possibilities.

Preventive Approach.

STNL seeks to create and disseminate prior knowledge and in doing so to increase the defences of people prior to the occurrence of a calamity. STNL further desires to promote from the aspect of an intuitive and inspirational approach, and to bring to the attention of the authorities the possible risks of a calamity enabling them to make timely preparations and plans to reduce the effects and risks of a calamity as much as possible.

Curative Approach.

STNL wishes to make available complementary help and aid possibilities and knowledge to enhance the regular forms of help and services by making an inventory, by development and dissemination (spreading) of prior knowledge, with the ultimate goal, being that this knowledge be applied in practice. This may be via the help services in a crisis situation after the occurrence of a calamity. Those who find themselves in a crisis situation and who have at their disposal, possibilities within their situation to help themselves and others by the utilisation of simple methods, can improve the circumstances.

In addition STNL can contribute to forms of distance relayed energetic help to assist in crisis situations via specially gifted persons' who make themselves available for this purpose. Directed forms of meditation, prayer and other forms of energetic help may also achieve this.

By participation in an advisory capacity in crisis teams, STNL is able to provide assistance and guidance in co-operation with local authorities and other crisis prevention organisations.

Central STNL Activities.

- An inventory, development and distribution of complementary aid and assistance possibilities.
- Organisation of distance guided help and aid during calamities/disasters.
- Increasing the defences of individuals.

First Aid Kit

1st Aid Disaster Kit.

A publication of the Co-operative Organisation of Trauma Help Netherlands (STNL): and the First Aid Kit for Disasters (Disaster 1st Aid Kit).

This publication is made available to all who wish to orientate themselves on what complementary aid can offer to minimise the effects of a disaster should it eventually occur in the Netherlands, or elsewhere in the world.

Natural disasters that have their origin in the changing climatic conditions are, in our present time, unavoidable. In the Netherlands people are becoming increasingly aware of what the impact of even a small disaster may mean in our small densely populated country, including the large amount of potential victims, unless we thoroughly prepare ourselves in advance.

The government is taking a lot of precautions and many programmes are being developed, for example, the psychological defences of children and adults against the material effects of different types of disasters. Insight from a complementary view is still in abeyance. To this end STNL has developed and compiled The Booklets.

You can download these Booklets in PDF format. To read the Booklets you will require the programme, Acrobat Reader.

The First aid Kit is made up of the following:

- Foreword
- Content
- General Description of Types of Disasters
- 1. The Red Booklet
- 2. The Orange Booklet
- 3. The Yellow Booklet

- 4. The Green Booklet
- 5. The Turquoise Booklet
- 6. The Indigo Booklet
- 7. The Lilac Booklet

At the end of each Booklet Three possible types of disasters are discussed in association with the theme of the Booklet concerned.

- Natural disasters
- Disasters due to human failing
- Disasters due to a terrorist attack.